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Publication of:



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# Takraw Canada

## Sepak Takraw Events & News Bulletin

### KING'S CUP SEPAK TAKRAW CHAMPIONSHIPS

**Phatthalung, Thailand  
June 25 – 30, 2003**

A small city nestled right in the southern tip of Thailand became host to the annual King's Cup. Players from 17 countries in Asia, Europe and S. America competed in the event, while officials from several other countries, including STAC President Rick Engel, came as observers and attended meetings. Some of the matches in this year's King's Cup were very exciting to watch, with long back and forth rallies. Thailand took first place in the Team Event in both Men's and Women's categories. Divisions I, II & III in the Men's Regu Events were won by Malaysia, Korea (Laos came in 2<sup>nd</sup> place) and Brazil respectively.

Divisions I & II in the Women's Regu Events, as well as both the Men's and Women's Circle Takraw Events were won by Thailand.

One of Rick's missions in attending the King's Cup was to present his re-written International Rules for Sepak Takraw at the ISTAF Technical Meeting and in the process also briefly describe to the other Takraw-playing countries the good things that Canada has been doing to promote this sport in the western world. As well, he hoped that this, along with just personally connecting with other Takraw leaders, would go a long way in showing Canada's sincerity with its involvement in the sport nationally and internationally. Upon his return, Rick felt assured that his mission was indeed accomplished. Canada hopes to be able to send a regu to the next King's Cup and/or World Cup competition, as the last one Canada competed at was in 2000.

**Below: Laos spiking in a match with Malaysia**





# SUMMER TAKRAW PROGRAM

*Regina, May – Aug, 2003*

One of the goals of the **Summer Takraw, Culture, Food & Break Dance Program** was to bring youth together from throughout the city to meet new friends and experience different foods and cultural and recreational activities. Takraw of course was the main recreational activity that brought everyone together. Two regular indoor Takraw nights were held at St. Michael School and Treaty Four Gyms on Mondays and Tuesdays, where ASEC's summer coach, BJ Wadee, taught mostly aboriginal students the skills of the game. Outdoor courts were set up in Victoria and Candy Cane Parks on Wednesdays and Saturdays, and proved to be great locations to allow many people to see and try it. Then during Jul/Aug, the U of R gym was the site of Sunday afternoon Takraw mainly for the international students taking summer classes. Additional tournaments and events for special occasions and festivals made it a very busy, fun-filled summer, with over **1200 people** participating in Sepak Takraw! Many thanks to our sponsors: **Centennial Student Employment Program, SaskTel and Multicultural Council of Saskatchewan.**



**Top: Soccer girls turned Takraw players**

**Bottom: five courts kept busy all day long**



**Break dancer doing a back hand spring**

## NO 'CANADIAN OPEN' FOR 2003

The STAC office had been trying to encourage the Toronto Sepak Takraw Players to organize 2003's Canadian Open as part of the Lao Festival, which they have every August long weekend. However, the group said that they were not comfortable with planning it and declined.

Meanwhile, Mark Randoll, of Montreal from the World Festival of Traditional Games & Sports, contacted the STAC office and asked if we could help incorporate Sepak Takraw into their festival scheduled for the summer

of 2004. They also asked if we could help conduct some Sepak Takraw demonstrations in Old Port Montreal during the summer of 2003. The STAC board acted quickly to cooperate with the Games of the World Committee and with the local Sepak Takraw players in Montreal. It was thought that the Montreal Club could help to host the 2003 Canadian Open there and that it would be a great trial run for the huge Games of the World event in 2004, which was expected to draw about 400,000 people. Unfortunately, the local club in Montreal simply did not keep communications and planning going and the Canadian Open idea had to be cancelled ... as there were also no other options brought forward.

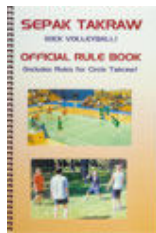
# CANADA LEADS THE WAY IN THE DEVELOPMENT OF INSTRUCTION MATERIALS FOR SEPAK TAKRAW

Fresh off the press, "Takraw 101" now joins a collection of instructional/training books and videos that have burst onto the Takraw scene over the past few years that have enabled a huge surge in the growth of the sport in Canada, and now USA and European countries as well. The main author/creator of these educational products is "Mr. Takraw" himself, Rick Engel, President of STAC, a former teacher who has put his writing and creative talents into high gear, and working with ASEC International in the publishing/production end. Below, available through STAC, are some highly recommended resources that will assist greatly in the instruction, training, promotion and demonstration of Sepak Takraw.



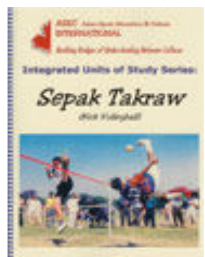
## TAKRAW 101 – The Complete Instructional/Coaching Manual

**108 pages, includes:** lesson plans; progress charts; check lists; tests; 200+ illustrated warm ups, stretches and exercises; 120 lead-up activities, games and drills; 90 technical illustrations; step-by-step "how to" for 20 kicks and spikes; 60+ action photos; advanced training program; complete rules. **A must buy!**



## SEPAK TAKRAW – Official Rule Book

**25 pages, includes:** complete re-written rules (consistent terminology, clearer, more accurate English) for Sepak Takraw and Standard Game Protocol; complete re-written rules for Circle Takraw. Its handy small size (5 1/2;" X 8 1/2;" ) is **ideal to have at intramurals or tournaments for quick reference.**



## Integrated Units of Study Series – Sepak Takraw

61 pages, includes: theme web, foundational objectives, ideas, activities, instructions, tables, maps, diagrams, photos, bios of athletes and much more! This excellent resource shows the classroom teacher, who likes to teach thematically, how to integrate Takraw into every major subject area from k – 12. Theme Approach!



## SEPAK TAKRAW – Just For Kicks

20-minute Instructional Video, very nicely: introduces the sport; shows cool recreational play by beginners and fantastic rallies from the world championships; and proceeds to show, step by step, how to achieve all the basic – and some of the advanced – kicks. A must buy!



## CITY SPORTS – SEPAK TAKRAW

58-minute Video. Includes: full game, Can. vs. USA (new scoring rules); highlights from 3 feature matches of the world championships; unique opening ceremony entertainment; excerpts of a new game played in a Malay village called "Straight Spike"; footage of 12 & under. Most thrilling Video!



## LAOS vs. the PHILIPPINES – SEPAK TAKRAW

65-minute Video. Full Match, Laos vs. the Philippines from the King's Cup World Championships, Men's Div. II. As close as you'd want to get directly behind the end of the court. Includes game start and ending protocol (with the beginning of a match between Thailand and Singapore) ... great video to study the refereeing aspect, game strategy & techniques!



# Takraw Growth in Canadian Schools in 2003/2004

Schools continue to be the natural focus through which to introduce and grow the sport of Sepak Takraw not only in Canada, but in USA as well. Now over **800 schools in Canada have introduced Sepak Takraw to their students, meaning about 40,000 students have now played the sport at one level or another.** Growth is almost doubling with the publication of "Takraw 101", along with all the other instructional resources that make introducing the Sepak Takraw very easy for teachers. One teacher who has been introducing Sepak Takraw in his school with great success, judging by the enthusiasm from his students, said, *"Takraw 101 is the best manual I've ever used, it has everything I could possibly need to help me!"*

Also essential to the growth in the schools has been the display and presentation of Sepak Takraw at provincial and national Phys. Ed. Teachers' Conferences across the country. "It is important to keep the sport, and the educational products that can help teachers, as visible as possible at these events", says STAC president, Rick Engel.



Oct, 2003, OPHEA Conference

# York Catholic JHS Tournament and Referee Training Course

Newmarket, ON, Oct. 20 & 21, 2003

David Carnaffan, a teacher in the York Catholic School District, was once again instrumental in planning and hosting the 2<sup>nd</sup> annual JHS Sepak Takraw Tournament in that region. Dave really has developed a great model of how to introduce Takraw into a school, get several other schools in the area also playing the sport, then jointly plan to have a Takraw tournament between all those schools on a set date, giving plenty of time for each school to have practices in preparation of the event. In Dave's school when they announced that there would be tryouts to choose who would be on the Takraw teams that would represent the school, **over 200 students showed up!** "They just love this game!" says Dave. On Monday, October 20, was the 8-team girls' tournament, followed by an equal number of boys' teams that played off the next day. Both events were exiting and spectators were treated to some pretty good matches! The highlight for the kids, however, seemed to be when members of the local Takraw club and Rick Engel played a match to demonstrate a higher, more controlled level of skill that left them gasping, clapping and cheering. "Now even more schools are interested in getting involved next year, which makes it all worth it!", says Dave, who has been working very hard at promoting Takraw around the district and beyond.



The JHS Girls' teams were just as enthused as the boys in the Oct. tournament

Prior to the tournament, Rick Engel, President of STAC, conducted a Takraw Umpire Training Course for four local Takraw enthusiasts, including David Carnaffan. Rick is also an internationally certified Takraw Umpire who has experience umpiring at the World Championships in Asia. This tournament then provided the perfect opportunity for the new Umpires-in-training to put theory into practice and get immediate experience under Rick's observant eye. STAC hopes to work with more clubs across the country to conduct other Referee Training opportunities in conjunction with tournaments, as it is a way to ensure that everyone is playing by the same international standard rules.

To learn about how you or your school can get involved in a Takraw program and/or tournament in the York district, or for advice on how to get schools playing Takraw in your district, contact **David Carnaffan** by Email at [kickdave@hotmail.com](mailto:kickdave@hotmail.com) for he is Canada's leading expert in how to do it!