

# SEPAK TAKRAW ASSOCIATION OF CANADA (STAC) PARTICIPANT DEVELOPMENT MODEL - COMMUNITY STREAM

	<b>GAME:</b>	<b>INITIATION: IDEAL ENTRY INTO THE SPORT</b>		<b>ONGOING PARTICIPATION: CONTINUE PLAYING FOR FUN/FITNESS</b>		
		↓	↓			
	(Participants Play any of 3 Games)	<b>Children</b> 6-10 yrs. old, Gr. K-5	<b>Youth</b> 11-14 yrs. old, Gr. 6-9	→ <b>Junior</b> 15-19 yrs. old, Gr. 10-12	→ <b>Senior</b> 20-39 yrs. old, University +	→ <b>Masters</b> 40 yrs. +, Veterans
<b>INDOOR SEASON (Sep-May)</b>  <b>SCHOOL LEAGUES (Mar-May)</b>	<b>REGU SEPAK TAKRAW (3-on-3 / or more) 1-2 X per week</b>	X Initiation to kicking Skills Focus: FUNdamentals Use Modified Equipment Intro. to Modified Games/Rules <b>Program Host:</b> Elementary Sch., Club, and/or Rec. Centre	X Initiation to Basics of the Sport Focus: FUNdamentals Play Modified Games/Rules Intro. to Modified Competition <b>Program Host:</b> Elementary Sch., JHS, Club, Rec. Centre, Summer Camp, and/or Training Camp	X Focus: Fun, Fitness Acquire Basics Skills Play Full Matches Community Competitions <b>Program Host:</b> High Sch., Club, Rec. Centre, Summer Camp and/or Training Camp	X Focus: Fun, Fitness Refine Basic Skills Play Full Matches Community Competitions <b>Program Host:</b> College/Institute, University, Club, Rec. Centre, and/or Training Camp	X Focus: Fun, Fitness Maintain Refined Skills Play Full Matches Community Competitions <b>Program Host:</b> Club, Rec. Centre, and/or Training Camp
	<b>DOUBLES SEPAK TAKRAW (2-on-2) 1-2 X per week</b>	(Children do not play Doubles)	(Youth do not play Doubles here)	↓ X Focus: Fun, Fitness Acquire Basics Skills Play Full Matches Community Competitions <b>Program Host:</b> High Sch., Club, Rec. Centre, Summer Camp and/or Training Camp	→ ↓ X Focus: Fun, Fitness Refine Basic Skills Play Full Matches Community Competitions <b>Program Host:</b> College/Institute, University, Club, Rec. Centre, and/or Training Camp	→ ↓ X Focus: Fun, Fitness Maintain Refined Skills Play Full Matches Community Competitions <b>Program Host:</b> Club, Rec. Centre, and/or Training Camp
	<b>HOOP* SEPAK TAKRAW (teams of 5) 1-2 X per week</b>			↓ X Focus: Fun, Fitness Acquire Basics Skills Play Full Matches Community Competitions <b>Program Host:</b> High Sch., Club, Rec. Centre, Summer Camp and/or Training Camp	→ ↓ X Focus: Fun, Fitness Refine Basic Skills Play Full Matches Community Competitions <b>Program Host:</b> College/Institute, University, Club, Rec. Centre, and/or Training Camp	→ ↓ X Focus: Fun, Fitness Maintain Refined Skills Play Full Matches Community Competitions <b>Program Host:</b> Club, Rec. Centre, and/or Training Camp
	<b>DISTRICT &amp; PROVINCIAL TOURNEYS (End of May)</b>		↓ X	↓ X	↓ X	↓ X
			<p>Keen/skilled players advance to <u>Competition Stream</u> (districts, provincials, etc.) through such Competitive Programs offered by Hosts</p> <p>Keen/skilled players with Leadership Qualities may be Sport Demonstrators/Mentors/Coaches/Instructors</p>			
		<p><b>*NOTE:</b> Hoop Sepak Takraw is not currently developing, but later when it is slated for development, it will be developed within the cycle of this model.</p>				

# SEPAK TAKRAW ASSOCIATION OF CANADA (STAC) PARTICIPANT DEVELOPMENT MODEL - COMMUNITY STREAM

	GAME:	INITIATION: IDEAL ENTRY INTO THE SPORT		ONGOING PARTICIPATION: CONTINUE PLAYING FOR FUN/FITNESS			
	(Participants Play any of 3 Games)	↓	↓	→	→	→	
		<b>Children</b> 6-10 yrs. old, Gr. K-5	<b>Youth</b> 11-14 yrs. old, Gr. 6-9	<b>Junior</b> 15-19 yrs. old, Gr. 10-12	<b>Senior</b> 20-39 yrs. old, University +	<b>Masters</b> 40 yrs. +, Veterans	
<b>OUTDOOR SEASON (Jun-Aug)</b>	<b>REGU SEPAK TAKRAW (3-on-3 / or more) 2-4 X per week</b>	X Initiation to kicking Skills Focus: FUNdamentals Use Modified Equipment Intro. to Modified Games/Rules <b>Program Host:</b> City Day Camp, Club, Summer Camp/Program, and/or Rec. Centre	X Initiation to Basics of the Sport Focus: FUNdamentals Play Modified Games/Rules Intro. to Modified Competition <b>Program Host:</b> City Day Camp, Club, Rec. Centre, Summer Camp/Program, Training Camp	X Focus: Fun, Fitness Aquire Basics Skills Play Full Matches Community Competitions <b>Program Host:</b> Sports Camp, Club, Rec. Centre, Summer Camp/Program, Training Camp	X Focus: Fun, Fitness Refine Basic Skills Play Full Matches Community Competitions <b>Program Host:</b> College/Institute, University, Club, Rec. Centre, Summer Program, Training Camp	X Focus: Fun, Fitness Maintain Refined Skills Play Full Matches Community Competitions <b>Program Host:</b> Club, Rec. Centre, Summer Program, Training Camp	
	<b>DOUBLES (2-on-2) 2-4 X per week</b>		X Initiation to Basics of the Sport Focus: FUNdamentals Play Modified Games/Rules Intro. to Modified Competition <b>Program Host:</b> City Day Camp, Club, Rec. Centre, Summer Camp/Program, Training Camp	X Focus: Fun, Fitness Aquire Basics Skills Play Full Matches Community Competitions <b>Program Host:</b> Sports Camp, Club, Rec. Centre, Summer Camp/Program, Training Camp	X Focus: Fun, Fitness Refine Basic Skills Play Full Matches Community Competitions <b>Program Host:</b> College/Institute, University, Club, Rec. Centre, Summer Program, Training Camp	X Focus: Fun, Fitness Maintain Refined Skills Play Full Matches Community Competitions <b>Program Host:</b> Club, Rec. Centre, Summer Program, Training Camp	
	<b>BEACH* (4-on-4 / sand) 2-4 X per week</b>		X Initiation to Basics of the Sport Focus: FUNdamentals Play Modified Games/Rules Intro. to Modified Competition <b>Program Host:</b> City Day Camp, Club, Rec. Centre, Summer Camp/Program, Training Camp	X Focus: Fun, Fitness Aquire Basics Skills Play Full Matches Community Competitions <b>Program Host:</b> Sports Camp, Club, Rec. Centre, Summer Camp/Program, Training Camp	X Focus: Fun, Fitness Refine Basic Skills Play Full Matches Community Competitions <b>Program Host:</b> College/Institute, University, Club, Rec. Centre, Summer Program, Training Camp	X Focus: Fun, Fitness Maintain Refined Skills Play Full Matches Community Competitions <b>Program Host:</b> Club, Rec. Centre, Summer Program, Training Camp	
	<b>NATIONAL TOURNAMENT (Jul/Aug)</b>			X	X	X	X
				Best players advance to Competition Stream (to regionals, nationals, etc.) through such Competitive Programs offered by STAC and/or Co-Hosts, leading to nationals <b>Keen/skilled players with Leadership Qualitites may be Sport Demonstrators/Mentors/Coaches/Instructors</b>			
		<b>*NOTE:</b> Beach Sepak Takraw is not currently as high a priority as "Regu" & "Doubles", but development is still encouraged nation-wide as per this model.					

## SEPAK TAKRAW ASSOCIATION OF CANADA (STAC) PARTICIPANT DEVELOPMENT MODEL - COMPETITIVE STREAM

SEPAK TAKRAW ASSOCIATION OF CANADA (STAC) PARTICIPANT DEVELOPMENT MODEL - <u>COMPETITIVE STREAM</u>						
INDOOR SEASON (Sep-May)  SCHOOL LEAGUES (Mar-May)	<u>GAME:</u>	<u>(Continue Community)</u>	<u>INTRODUCTION:</u>	<u>DEVELOPMENT:</u>	<u>HIGH PERFORMANCE:</u>	<u>ONGOING IN COMP:</u>
	(Participants Play any of 3 Games)	<b>Children</b> 6-10 yrs. old, Gr. K-5	<b>Youth</b> 11-14 yrs. old, Gr. 6-9	<b>Junior</b> 15-19 yrs. old, Gr. 10-12	<b>Senior</b> 20-39 yrs. old, University +	<b>Masters</b> 40 yrs. +, Veterans
	<b>REGU SEPAK TAKRAW</b> (3-on-3 / or more) 2-3 X per week	(Do not develop beyond the Community Stream at this age)	X Skills, Game Strategies, FUN Intro. to Full Matches/Competitions Local/Regional/Prov. Competitions Modified or Non-Mod. Competition <b>Program Host:</b> Elementary Sch., JHS, Club, Rec. Centre, Summer Camp, and/or Training Camp	X Coached to Refine Skills/Strateg. Acquire Advanced Skills/Tactics Specialize in a Specific Position Full Matches/Prov.&Nat'l. Comp. <b>Program Host:</b> High Sch., Club, Rec. Centre, Summer Camp and/or Training Camp	X Coached: Refine Adv. Skills/Tact. Achieve Optimum Fitness Levels Individual & Team Training National & International Comp. <b>Program Host:</b> College/Institute, University, Club, Rec. Centre, and/or Training Camp	X Maintain Adv. Skills/Tact./Fitness Local/Prov./Nat'l./Int'l Comp. And/Or Official Game Demos Become Mentors/Coaches <b>Program Host:</b> Club, Rec. Cent. College/Institute, University, and/or Training Camp
	<b>DOUBLES SEPAK TAKRAW</b> (2-on-2) 2-3 X per week		(Youth do not compete in Doubles)	X Coached to Refine Skills/Strateg. Acquire Advanced Skills/Tactics Specialize in a Specific Position Full Matches/Prov.&Nat'l. Comp. <b>Program Host:</b> High Sch., Club, Rec. Centre, Summer Camp and/or Training Camp	X Coached: Refine Adv. Skills/Tact. Achieve Optimum Fitness Levels Individual & Team Training National & International Comp. <b>Program Host:</b> College/Institute, University, Club, Rec. Centre, and/or Training Camp	X Maintain Adv. Skills/Tact./Fitness Local/Prov./Nat'l./Int'l Comp. And/Or Official Game Demos Become Mentors/Coaches <b>Program Host:</b> Club, Rec. Cent. College/Institute, University, and/or Training Camp
	<b>HOOP* SEPAK TAKRAW</b> (teams of 5) 2-3 X per week			X Coached to Refine Skills/Strateg. Acquire Advanced Skills/Tactics Specialize in a Specific Position Full Matches/Prov.&Nat'l. Comp. <b>Program Host:</b> High Sch., Club, Rec. Centre, Summer Camp and/or Training Camp	X Coached: Refine Adv. Skills/Tact. Achieve Optimum Fitness Levels Individual & Team Training National & International Comp. <b>Program Host:</b> College/Institute, University, Club, Rec. Centre, and/or Training Camp	X Maintain Adv. Skills/Tact./Fitness Local/Prov./Nat'l./Int'l Comp. And/Or Official Game Demos Become Mentors/Coaches <b>Program Host:</b> Club, Rec. Cent. College/Institute, University, and/or Training Camp
<b>DISTRICT &amp; PROVINCIAL TOURNEY</b> (End of May)			X	X	X	X
<b>Best Players compete in Provincials (and move on to Nationals &amp; International Competitions, ages 15 +)</b> <b>Keen/skilled players with Leadership Qualities may be Sport Demonstrators/Mentors/Coaches/Instructors</b>						
<b>*NOTE:</b> Hoop Sepak Takraw is not currently developing, but later when it is slated for development, it will be developed within the cycle of this model.						

# SEPAK TAKRAW ASSOCIATION OF CANADA (STAC) PARTICIPANT DEVELOPMENT MODEL - COMPETITIVE STREAM

OUTDOOR SEASON (Jun-Aug)	<u>GAME:</u>	<u>(Continue Community)</u>	<u>INTRODUCTION:</u>	<u>DEVELOPMENT:</u>	<u>HIGH PERFORMANCE:</u>	<u>ONGOING IN SPORT:</u>
	(Participants Play any of 3 Games)	<b>Children</b> 6-10 yrs. old, Gr. K-5	<b>Youth</b> 11-14 yrs. old, Gr. 6-9	<b>Junior</b> 15-19 yrs. old, Gr. 10-12	<b>Senior</b> 20-39 yrs. old, University +	<b>Masters</b> 40 yrs. +, Veterans
	<b>REGU</b> <b>SEPAK TAKRAW</b> (3-on-3 / or more) 3-4 X per week	(Do not develop beyond the Community Stream at this age)	X Skills, Game Strategies, FUN Intro. to Full Matches/Competitions Local/Regional/Prov. Competitions Modified or Non-Mod. Competition <b>Program Host:</b> Elementary Sch., JHS, Club, Rec. Centre, Summer Camp/Program, Training Camp	X Coached to Refine Skills/Strateg. Acquire Advanced Skills/Tactics Specialize in a Specific Position Full Matches/Prov.&Nat'l. Comp. <b>Program Host:</b> High Sch., Club, Rec. Centre, Summer Camp, Sum. Program, Training Camp	X Coached: Refine Adv. Skills/Tact. Achieve Optimum Fitness Levels Individual & Team Training National & International Comp. <b>Program Host:</b> College/Institute, University, Club, Rec Cent, Sum. Program and/or Training Camp	X Maintain Adv. Skills/Tact./Fitness Local/Prov./Nat'l./Int'l Comp. And/Or Official Game Demos Become Mentors/Coaches <b>Program Host:</b> Club, Rec. Cent. College/Institute, University, Sum. Program, and/or Training Camp
	<b>DOUBLES</b> (2-on-2) 3-4 X per week		(Youth do not compete in Doubles)	X Coached to Refine Skills/Strateg. Acquire Advanced Skills/Tactics Specialize in a Specific Position Full Matches/Prov.&Nat'l. Comp. <b>Program Host:</b> High Sch., Club, Rec. Centre, Sum. Camp/Progr. and/or Training Camp	X Coached: Refine Adv. Skills/Tact. Achieve Optimum Fitness Levels Individual & Team Training National & International Comp. <b>Program Host:</b> College/Institute, University, Club, Rec. Centre, Sum. Camp/Prog, Training Camp	X Maintain Adv. Skills/Tact./Fitness Local/Prov./Nat'l./Int'l Comp. And/Or Official Game Demos Become Mentors/Coaches <b>Program Host:</b> Club, Rec. Cent. College/Institute, University, Sum. Program and/or Training Camp
	<b>BEACH*</b> (4-on-4 / sand) 3-4 X per week			X Coached to Refine Skills/Strateg. Acquire Advanced Skills/Tactics Specialize in a Specific Position Full Matches/Prov.&Nat'l. Comp. <b>Program Host:</b> High Sch., Club, Rec. Centre, Sum. Camp/Progr. and/or Training Camp	X Coached: Refine Adv. Skills/Tact. Achieve Optimum Fitness Levels Individual & Team Training National & International Comp. <b>Program Host:</b> College/Institute, University, Club, Rec. Centre, Sum. Progr., Training Camp	X Maintain Adv. Skills/Tact./Fitness Local/Prov./Nat'l./Int'l Comp. And/Or Official Game Demos Become Mentors/Coaches <b>Program Host:</b> Club, Rec. Cent. College/Institute, University, Sum. Program and/or Training Camp
<b>NATIONAL TOURNAMENT</b> (Jul/Aug)	<div style="display: flex; justify-content: space-around; align-items: center;"> <span>X</span> <span>→</span> <span>X</span> <span>→</span> <span>X</span> </div> <p style="text-align: center;"><b>Best Players compete in Nationals &amp; International Competitions, ages 15 +)</b>  <b>Keen/skilled players with Leadership Qualities may be Sport Demonstrators/Mentors/Coaches/Instructors</b></p>					
<p><b>*NOTE:</b> Beach Sepak Takraw is not currently as high a priority as "Regu" &amp; "Doubles", but development is still encouraged nation-wide as per this model.</p>						