



SEPAK TAKRAW ASSOCIATION OF CANADA (STAC)

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COACH DEVELOPMENT MODEL (CDM) – Coach Context & Certification

BREADTH OF KNOWLEDGE, TRAINING & SKILLS ↑	% of Coaches	COMMUNITY STREAM COACH				COMPETITION/HP STREAM COACH					INSTRUCTOR	
		90 %				7%	2%	1%				
		Inst-Beg	CSp-Int	CSp-Ong	Comp-Int	Comp-Dev	Comp-Dev	Comp-Dev	Comp-HP	Comp-HP	Inst-Imd	Inst-Adv
Coach Context					Districts	Prov'ls	Nat'ls	Prov'l	Nat'l			
Comp. Level												
PRIVATE CLUBS	Senior 20+	---	---	CC	CC	AMC/CompNC	TC	CC	CC	MC	CC	MC
	Junior 15-19	---	---	CC	CC	AMC/CompNC	TC	CC	CC	MC	CC	MC
	Youth 11-14	---	---	TC	TC	AMC/CompNC	TC	CC	CC	MC	CC	---
COMMUNITY CLUBS	Senior 20+	---	---	TC	TC	AMC/CompNC	TC	CC	CC	MC	CC	MC
	Junior 15-19	---	---	TC	TC	CC/CompNC	TC	CC	CC	MC	TC	MC
	Youth 11-14	---	---	ITC	ITC	CC/CompNC	TC	---	CC	---	TC	---
COMMUNITY PROGRAMS	Senior 20+	ITC	TC	---	---	---	---	---	---	---	---	---
	Junior 15-19	ITC	TC	---	---	---	---	---	---	---	---	---
	Youth 11-14	ITC	ITC	---	---	---	---	---	---	---	---	---
	Children 6-10	ITC	ITC	---	---	---	---	---	---	---	---	---
COMM. REC.	Adult Rec 18+	---	---	ITC	TC	CC/CompNC	TC	CC	CC	MC	CC	MC
	Coll/U Rec 18+	---	---	ITC	TC	CC/CompNC	TC	CC	CC	MC	CC	MC
EDUCATIONAL INSTITUTIONS	H.S. (15-19)	ITC	NC	NC	ITC	TC/CompNC	TC	CC	CC	MC	TC	MC
	J.H.S. (11-14)	ITC	NC	NC	ITC	TC/CompNC	ITC	---	CC	---	TC	---
	El. Sch. (6-10)	ITC	NC	---	---	---	---	---	---	---	---	---

DEPTH OF KNOWLEDGE, TRAINING & SKILLS →

COACH WORKSHOPS/MODULES:

NCCP Introduction to Competition Part A (replaces Level 1 Theory)

Part A modules:

- Making Ethical Decisions (MED)
- Planning a Practice
- Nutrition

NCCP Introduction to Competition Part B (replaces Level 2 Theory)

Part B modules:

- Teaching and Learning
- Designing a Basic Sport Program
- Basic Mental Skills

NCCP Competition - Development (replaces Level 3 Theory)

NCCP Competition - Development Modules:

- Coaching & Leading Effectively
- Developing Athletic Abilities
- Psychology of Performance
- Prevention & Recovery
- Managing Conflict
- Leading Drug Free Sport

STAC Sepak Takraw Coach Modules:

- Sepak Takraw Initiation
- Sepak Takraw CSp Tech. Clinic/Module
- Sepak Takraw Inst-Imd Skills:
 - 1st Ball & Setting
 - Tossing & Serving
 - Spiking & Blocking
- Sepak Takraw Inst-Adv Skills:
 - 1st Ball & Setting
 - Tossing & Serving
 - Spiking & Blocking

Community Sport (CSp) Stream Coach Levels & Training at Each Level:

Novice Coach (NC): completed the NCCP “make ethical decisions” (MED) online evaluation; completed STAC Online Initiation Module (once it’s created).

In Training Coach (ITC): completed ONE of Comp-Int A (old Level 1 Theory), or S.T. CSp Tech. Clinic, or S.T. Practical ... plus can demonstrate “Plan a Practice”.

Trained Coach (TC): completed TWO of Comp-Int A (old Level 1 Theory), or S.T. CSp Tech. Clinic, or S.T. Practical ... plus can demonstrate “Support to Athl. in Training”.

Certified Coach (CC): completed all THREE of Comp-Int A (old Level 1 Theory), S.T. CSp Tech. Clinic, S.T. Practical ... plus can demonstrate “Analyze Performance”.

Advanced/Master Coach (AMC): all above ... PLUS Comp-Int B (old Level 2 Theory).

Competition/HP (Comp) Stream Coach Levels & Training at Each Level:

Novice Coach (NC): NC in Comp Stream is equivalent to the CSp Stream AMC and is the starting coach level in Comp. Stream ... beginning with District Level Competition.

In Training Coach (ITC): completed NCCP’s “Design a Basic Sport Program” module, & multi-sport modules “Developing Athletic Abilities” and “Psychology of Performance”.

Trained Coach (TC): completed any 2 of 4 remaining NCCP multi-sport modules ... this level recommended for Provincials.

Certified Coach (CC): all above ... plus S.T. Skills Inst-Imd Modules (Prov. HP).

Master Coach (MC): all above ... plus S.T. Skills Inst-Imd-Adv Modules (Nat’l. HP).

Instruction (Inst) Coach Levels & Training:

In Training Coach (ITC): completed STAC Online S.T. Initiation Module and S.T. CSp Tech. Clinic/Module.

Trained Coach (TC): completed S.T. Skills Inst-Imd Modules.

Certified Coach (CC): completed S.T. Skills Inst-Adv Modules.

Master Coach (MC): all above ... plus is a Comp/HP Certified Coach (CC).